

September 2018

Dear Parent/Carer

### **Leeds Schools' Cross Country League 2018-2019**

Your child has expressed an interest in representing the academy in the Leeds Schools' Cross-Country league. There are five races within the league and it is hoped that students are able to commit to these races throughout the season.

The race dates and venues are below:

<b>Race 1</b>	<b>Saturday 29 September 2018</b>	<b>Middleton Park</b>	<b>(10am start)</b>
<b>Race 2</b>	<b>Saturday 13 October 2018</b>	<b>Cardinal Heenan HS</b>	<b>(10am start)</b>
<b>Race 3</b>	<b>Saturday 24 November 2018</b>	<b>Otley Prince Henry's GS</b>	<b>(10am start)</b>
<b>Race 4</b>	<b>Saturday 15 December 2018</b>	<b>Corpus Christi HS</b>	<b>(10am start)</b>
<b>Race 5</b>	<b>Saturday 9 March 2019</b>	<b>Middleton Park</b>	<b>(10am start)</b>

**The first race is on Saturday 29 September 2018 at 10.00am.** Transport to and from the race will be provided via the academy minibus, however the PE Department would welcome parental support with transport where possible. The mini bus will depart from The Ruth Gorse Academy at approximately 9.20am depending upon the venue and will return at approximately 12.00noon. Times will be confirmed prior to each race.

Students will be expected to run in The Ruth Gorse Academy PE kit. The races will take place in all weathers so students will need to bring warm clothes and plenty of fluids. Running spikes may also be worn.

If you give permission for your child to represent the academy in the first race on Saturday 29 September 2018, please complete the reply slip overleaf and return to Mr Smith before Wednesday 26 September 2018. Please clearly indicate the transport requirements for your child for Race 1 and include emergency contact/medical details. **The minibus on this occasion will depart from The Ruth Gorse Academy at 9.20am prompt.**

Should you have any questions/queries regarding the above, then please feel free to contact me at the academy on 0113 253 1600.

Thanking you in anticipation for your support.

Yours sincerely

**Jack Smith**  
**Assistant Leader of Physical Education**

**Reply Slip**

**Leeds Schools Cross Country.**

**RACE 1: Saturday 29 September 2018**

I give permission for my child .....to represent the academy at the Leeds Schools Cross-Country Race on Saturday 29 September at Middleton Park.

My child will be travelling to and from the race in the academy mini bus leaving The Ruth Gorse Academy at 9.20am and returning at approximately 12.00 noon.

My child will be travelling to the race via their own arrangements.

Emergency contact details .....

Medical information .....

- (a) I will notify the organisers of any ailment, allergy or medication that requires the school's attention (on the reverse of this slip).
- (b) I authorise the organiser to act on my behalf in a medical emergency and to sign on my behalf any consent forms required by medical authorities if they know that it would not be advisable to wait for my own signature.

Signed .....Parent / Carer                      Date .....

**Please return to Mr Smith in the PE Department before Wednesday 26 September 2018.**

Thank you